

## **MEDIA RELEASE**

14 January 2021

# **Five Ways to be an Ally to the Indigenous Community Ahead of Australia Day**

As the debate around Australia's national day continues, cultural awareness experts Carla Rogers and Munya Andrews are sharing tips every Australian can use to be allies to the Indigenous Community in the lead-up to Australia Day and beyond:

- Find out the name of the Traditional Owners of the land you're currently on
- Acknowledge and thank the Traditional Owners of the land
- Research and understand why an Aboriginal person may feel sad on Australia Day
- Work out if you can celebrate on a different day
- Share these tips with friends, family and community

"For many Australians, January 26<sup>th</sup> can't be seen as anything other than a day of mourning," said Evolve Communities director Carla Rogers.

"We're looking to continue to change attitudes, and for that we need everyone's support. These are five simple things you can do in January to be an Ally to the Indigenous community and support reconciliation."

**Carla Rogers and Munya Andrews are available for joint interview about these tips and others. Please contact Andrew Williams on 0412 614 125.**

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