

MEDIA RELEASE

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Practical Steps Everyday Australians Can Take in the Fight Against Racism

While the issue of racism commands the world's attention, a new book on Practical Reconciliation can help Australians wishing to promote equality at home.

Aboriginal elder Munya Andrews says one of the most important steps is to educate yourself. Read blogs, articles, books. Listen to Aboriginal speakers and podcasts.

"Self-education is important because educating people shouldn't solely be left to Aboriginal people. There are far too few of us to educate the Australian population," she said.

Evolve Communities Director Carla Rogers agreed: "Other tips I would give would be having a look at the Aboriginal map of Australia, finding out whose Country you live or work on, finding out why an Acknowledgement of Country is important and something we can all do."

As evidenced by the Black Lives Matter movement both here and abroad, Practical Reconciliation has perhaps never been more relevant as it is now.

"We can see clearly now, more than ever before, that Reconciliation needs to happen for Australia to move forward as a nation," said Andrews. "It's important for society to create more harmonious relationships, and it's important for the workplace so that we can better interact with one another."

That's why she and Ms Rogers have written **Practical Reconciliation: Strengthening Relationships For All Australians in Seven Easy Steps**.

It has been lauded by Supreme Court judge, Justice Helen Wood, author Bruce Pascoe, and former professional athlete turned community activist David Liddiard OAM, among others.

In turbulent times, Andrews and Rogers believe the book provides a much-needed guide to everyday people and businesses alike, by making the complex simple and achievable.

The book is currently available for pre-order and is expected to arrive in early August. Andrews and Rogers are co-Directors of Evolve Communities, a company that helps organisations by providing cultural awareness and Reconciliation training.

Munya Andrews and Carla Rogers are also available for general comment on issues of reconciliation. Call Andrew Williams 0412 614 125.