

## MEDIA RELEASE

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### New Book to Help Everyone Work Towards Reconciliation

A new book written by cultural awareness experts Munya Andrews and Carla Rogers is aiming to provide everyone with practical steps they can take towards the goal of reconciliation.

In [Practical Reconciliation: Strengthening Relationships for All Australians in 7 Easy Steps](#),

Ms Andrews and Ms Rogers are looking to give everyone the tools they need to spark positive change in the workplace and their personal lives.

The book will help readers:

- Dive into the intricate world of Aboriginal and Torres Strait Islander cultures
- Equip themselves with the skills to communicate without fear of misunderstanding or offence
- Build strategies for engaging communities respectfully and strengthening partnerships

“We often hear people say they want to make a difference to the lives of Aboriginal and Torres Strait Islanders but they’re not sure where to begin,” says Ms Rogers. “Perhaps they’re not confident communicating with Indigenous people or held back by the fear of causing offence – this book seeks to help them.”

“Plus, you’ll get to dive in to the incredible richness of the oldest continuing culture in the world,” says Ms Andrews.

**Carla Rogers and Munya Andrews are available for comment. Their book *Practical Reconciliation: Strengthening Relationships for All Australians in 7 Easy Steps* is available to be sent to media to read/consult in advance of an interview.**